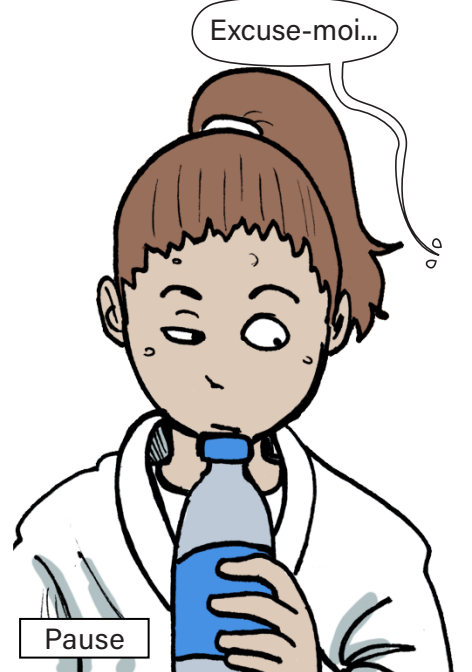
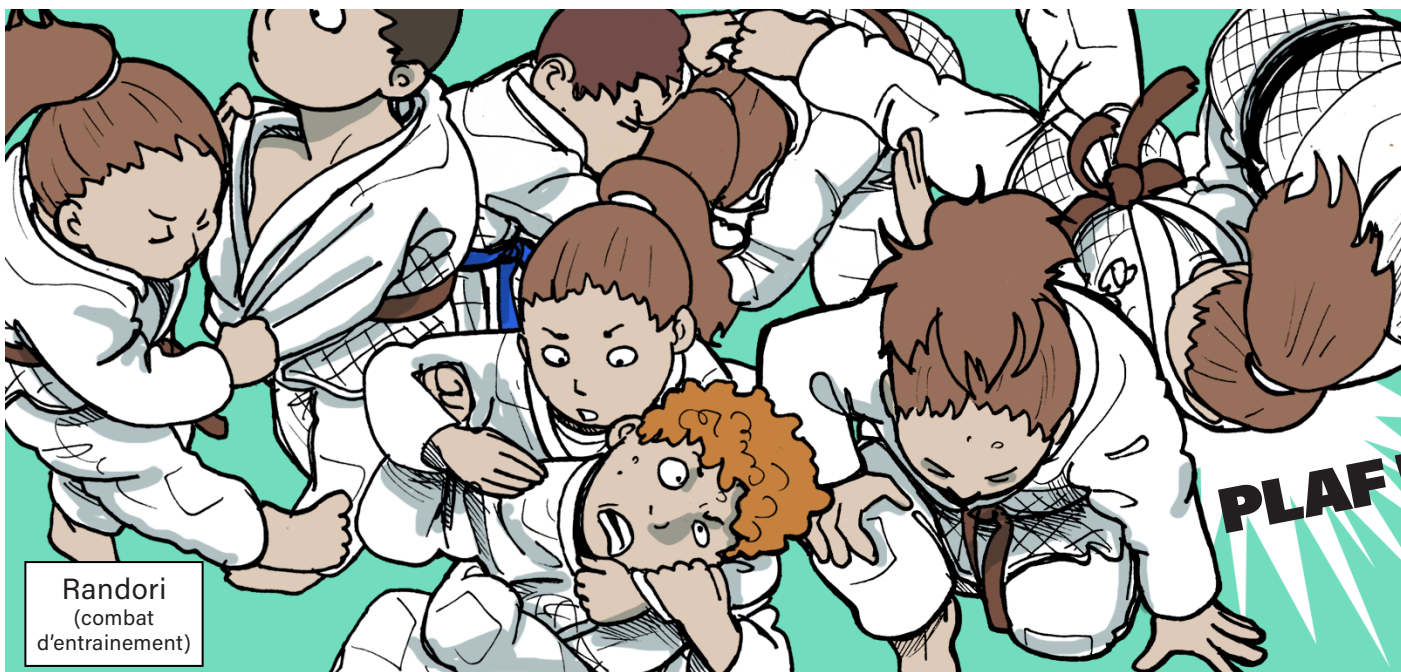
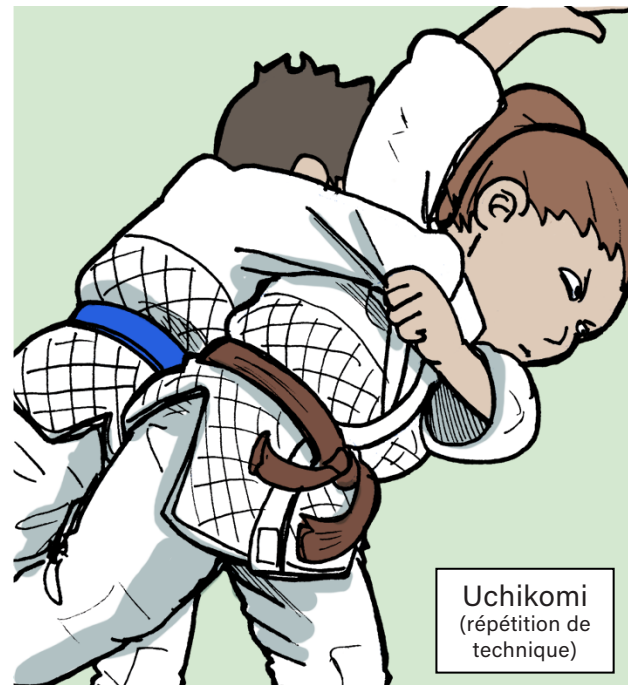
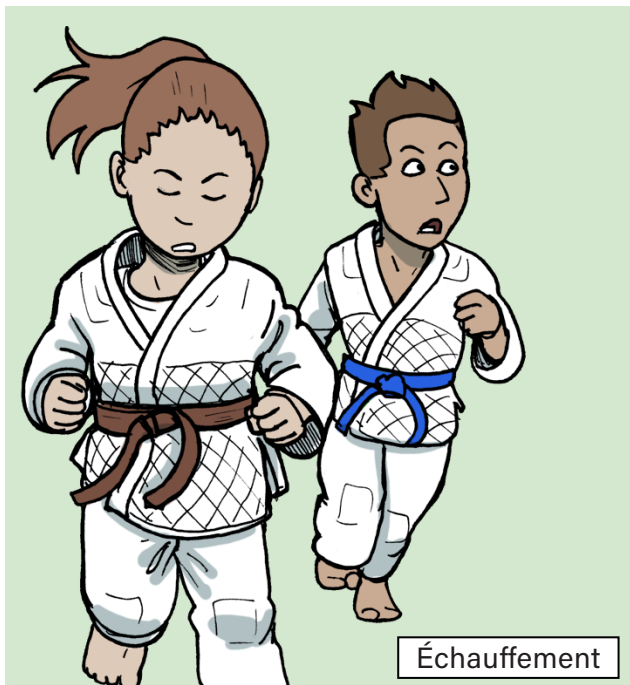




Dans le judo, le courage n'est pas l'absence de peur, mais la force de l'affronter, de se relever après une chute et d'aider les autres.

